



## Confidence appraisals across Oxfordshire, Berkshire and Buckinghamshire

The Institute of Advanced Motorists (IAM Road Smart) offer a number of courses to give assistance to the older driver, like the Mature Driver Review. To find out more visit [www.iamroadsmart.com/courses/mature-driver-review](http://www.iamroadsmart.com/courses/mature-driver-review)

The Royal Society for the Prevention of Accidents (RoSPA) offer an Experienced driver assessment. To find out more visit [www.roadar.org.uk/drivers/driving-assessments](http://www.roadar.org.uk/drivers/driving-assessments)

Both these schemes are done in your own car, are confidential and great way to review your driving and build confidence.



## Driving Mobility Centres

The Driving Mobility Centres help disabled and older people keep mobile and independent, and help those affected by medical conditions stay safe on the road. We have an expert team of Occupational Therapists and Driving Advisors that undertake

comprehensive assessments of ability to drive a vehicle safely and in comfort.

To find your local centre visit [www.drivingmobility.org.uk](http://www.drivingmobility.org.uk)

Tel: 01872 672520

Email: [info@drivingmobility.org.uk](mailto:info@drivingmobility.org.uk)

Visit [www.olderdriversforum.com](http://www.olderdriversforum.com)



Thames Valley

# OLDER DRIVERS FORUM

Keeping older motorists on the road safely for longer.



A QUICK GUIDE

# Need advice on driving safely for longer?

## The Older Drivers Forum is about keeping mature motorists on the road safely for longer.

Whether that's helping giving practical and informative help and support to continue driving or pointing older drivers in the right direction for an appraisal or assessment for their driving needs.

The Forum is a not for profit making organisation and is made up of experts in road safety from across Thames Valley specialising in keeping older people on the road.

The following pages contain information from some of our partners to help and support you.



For much more information, advice, videos and courses available visit our web site [www.olderdriversforum.com](http://www.olderdriversforum.com)



Buckinghamshire  
Be a Better Driver



Buckinghamshire County Council operates a driving assessment scheme for Buckinghamshire's residents called "Be a Better Driver". The assessments take place from the persons' home using their own car, and is delivered by qualified, experienced assessors.

### What does the appraisal offer?

The assessment drive looks at a person's physical changes in a positive light and offers support and guidance. You and your assessor will complete a short questionnaire prior to the drive to

ensure the assessment is tailored to meet your own driving needs. You will be given feedback after the assessment and receive a written report and certificate of completion by post.

### How long does it take?

The assessment lasts around an hour.

### How can I book an appraisal?

Contact the Road Safety Team on **01296 382416** or email [roadsafety@buckscc.gov.uk](mailto:roadsafety@buckscc.gov.uk) requesting an application form, or visit [www.buckscc.gov.uk/beabetterdriver](http://www.buckscc.gov.uk/beabetterdriver)



West  
Berkshire  
Flourish

West Berkshire Council deliver '**Flourish**' which is a one off interactive workshop, to pre-organised and selected group, age of group, from 55 years old upwards.

*'Flourish is an initiative built to support more mature drivers in staying active and mobile in later life. Flourish is providing support by running events, producing advice and helping drivers to make their own considered decisions about when is the right time to reduce dependence on the car for the sake of staying safe'*

For information please contact [trafficandroadsafety@westberks.gov.uk](mailto:trafficandroadsafety@westberks.gov.uk)